

Tanzania with Ali Matt October 1 – 9, 2020

Day 1: October 1

Welcome to Tanzania! You will be met upon arrival at Kilimanjaro International Airport for transfer to your overnight accommodations in Arusha. Dinner this evening will be at your Leisure, time to relax and rest after your long journey!

Location: Arusha Rural

Accommodation: Rivertrees Country Inn

Description: Rivertrees Country Inn is nestled between Kilimanjaro and Mount Meru in natural gardens along the Usa River, outside of Arusha Town. Combining old-world ambiance, African country elegance, excellent farm cuisine, personal service, and genuine warmth from your hosts - Rivertrees is simply a magical place to stay.

Day 2: October 2

Today is your first full day in Africa! The day will begin with morning yoga and breakfast. We will start our journey and depart to Tarangire. We will enjoy a boxed lunch along the way and the drive will be approximately 3 hours. Once we arrive we will take in the picturesque Tarangire National Park, the "Baobab Capital of the World," which is known for its wild landscapes, resident elephants, large prides of lion, leopards, giraffe, buffalo, the last remaining pack of wild dogs in northern Tanzania, and excellent year-round bird-watching with more than 300 bird species. The Tarangire River is the only permanent water source within the 2,600 square kilometer park. During the dry season herd animals of all kinds (wildebeest, zebra, gazelles, and antelopes) migrate from the surrounding areas to this life-sustaining source of water. Also in the dry season, the amazing giant rock pythons leave the swamps to live in the trees at the swamp edge, from where they will attack and kill large animals of all kinds, providing a most unusual natural spectacle. Following our afternoon game drive, we will head to our beautiful tented camp for an evening of relaxation and a delicious dinner!

Location: Tarangire National Park

Accommodation: Lake Burunge Tented Camp

Description: Lake Burunge Tented Camp is situated on the western edge of Tarangire National Park in an Acacia woodland overlooking Lake Burunge, a permanent soda lake fed by the Tarangire River. There are 300 species of bird in

the natural migration corridor from Lake Burunge to Tarangire. The camp consists of spacious private tents set in a shady bushland grove, each on its own raised platform with en suite baths with all amenities. The main lodge area consists of a dining room, bar, lounge, and deck with panoramic views of the lake. Optional activities at the lodge include nature walks, sundowners in the bush, or a visit to a local village of the Datoga tribe (additional fees required). *Meals:* All included

Day 3: October 3

Today will be an early morning start with a game drive in Tarangire. Lunch will either be enjoyed picnic style out in the park for continued game drives in the afternoon or enjoyed back at the camp for an afternoon at your leisure. Re-entry into the park is not permitted after the conclusion of the game drives. Yoga on this day will be scheduled during downtime – likely in the early evening hours. tonight you will experience a "Bush Sundowner" with cocktails and snacks on the shores of Manyara with spectacular views from the Rift Valley at sunset.

Location: Tarangire N.P. Accommodation: Lake Burunge Tented Camp Meals: All included

Day 4: October 4

Today will begin our journey to Lake Manyara National Park, a small gem nestled below the western wall of the Great Rift Valley. The soda lake for which the park is named appears tinted pink by huge flocks of flamingos. Upon closer inspection, you will find the lake bursting with hippos bobbing in the water or grazing at its edge. With your guide explore by vehicle the park's many environments and their wildlife, including a jungle-like forest of wild fig, palm, and tamarind trees, an acacia woodland, and a grassy flatland where baobab trees and elephants abound. Keep a keen eye out for the park's famous tree-climbing lions! We will picnic in the park and have unlimited game drives on this day. Yoga will be enjoyed either in the early part of the day at Lake Burunge Tented Camp or once you arrive and check into Farm House Valley Lodge. Upon arrival at Farm House Valley lodge you will be greeted by cool drinks and welcome snacks before an evening at your leisure and another delicious dinner.

Location: Ngorongoro Highlands

Accommodation: Farm House Valley Lodge

Description: Farm House Valley is a stunning 30-room luxury lodge located on a 500-acre coffee farm in the Ngorongoro Highlands, just outside the Conservation Area. The cozy main house, where meals are served, is located in the center of the facility, providing views of the Great Rift Valley and Oldeani Volcano. Sunlit breakfasts and candlelit dinners are eaten inside the restaurant or on the veranda. Enjoy evening drinks and appetizers in the lounge or by the campfire. *Meals*: All included

Day 5: October 5

The Ngorongoro Conservation Area is one of seven World Heritage Sites designated in Tanzania. It is the world's first multi-purpose land use experiment,

combining tourism, research, archeology, wildlife management, and traditional livestock grazing for the Maasai pastoralists for whom the reserve is home. Today we will enter the famous Ngorongoro Crater for a day game drive in what is often referred to as "Africa's Eden." The descent into the crater, 2,500 feet below the rim, is an unforgettable experience. While only 100 square miles in area, it offers several distinct habitats: acacia forest, swamp, short grass plains, long grass plains, riverine, and woodland. Each habitat attracts a unique variety of the crater's 30,000 resident animals that create a density and diversity of wildlife unseen anywhere else in Africa. The group will enjoy a picnic lunch in the crater or hot lunch back at the lodge. Afternoon yoga time to be advised and the rest of your evening is free for drinks, appetizers and relaxing in the lounge or by the outdoor campfire at your leisure.

Location: Ngorongoro Highlands

Accommodation: Farm House Valley Lodge Meals: All included

Day 6: October 6

This morning we will head west, through the Ngorongoro Conservation Area to the great Serengeti plain. Ngorongoro is a permanent home to many Maasai pastoralists. You will have the opportunity to visit a Maasai boma (homestead) for an exciting cultural interaction and peek into the lives of this fascinating tribe, known for their beaded jewelry, dramatic dancing, and steadfastness to their indigenous culture. The Serengeti is probably the most famous wildlife area in the world. More than 4 million animals reside within its ecosystem, including a million and a half wildebeest, a quarter million zebra, twice that many gazelle, and tens of thousands of their predators (lion, leopard, cheetah, hyena, crocodile, etc.). Moreover, the vast park offers breathtaking scenery unto itself. Scattered throughout the southeastern short grass plains are kopies, geologic wonders comprised of exposed gneiss and granite shaped by the wind and temperature fluctuations. Different environments emerge as you head deeper into the Serengeti, where you will find riverine forests, acacia woodlands, forested hills, and open grassland that create a vast geographic mosaic. All our days in the Serengeti will include unlimited game drives and yoga will be woven into compliment your adventures on the plains!

Location: Serengeti National Park

Accommodation: Lahia Tented Lodge

Description: New in 2019, Lahia Tented Lodge has 25 luxury tents decorated in a modern African style, the camp is ideally located at the top of a hill overlooking Central Serengeti with views towards Western Serengeti, within reach of the mythical Maasai Kopjes, Seronera Valley and Grumeti River. The main house, with its lounge, dining room, and swimming pool, offers a 360-degree panoramic views.

Meals: All included

Day 7: October 7

Today we will be accompanied by a trained expert in East African wildlife and ecology, about areas to explore the Serengeti with unlimited game drives in search of the best animal viewing opportunities - dependent on the seasonal and daily migration patterns. We may take early morning drives at dawn and late afternoon drives at dusk – the times of day during which the animals are most active – with a mid-day rest at camp. Or, head out explore a greater range of the vast savanna. With multiple vehicles, we will be able to tailor our exploration to suit our needs as a group and yoga will be included during our downtime at camp.

Location: Serengeti National Park Accommodation: Lahia Tented Lodge Meals: All included

Day 8: October 8

For those who are interested, today presents a fabulously unique way to explore the Serengeti. On this optional Balloon Safari (\$545pp; book and pay prior to trip): Rise before sunrise for pick-up at 5:00 am by Serengeti Balloon Safaris for transfer to their launch site in preparation for the balloon flight. As the sun rises your balloon lifts off! This magical experience floating above the tree-tops offers expansive views of the plains and its wildlife in the peace and serenity of the early morning. Following your flight, you will be treated to a full English breakfast in the African bush. For those who would prefer to stay on the ground, normal game drives will be offered throughout the day.

Location: Serengeti National Park Accommodation: Lahia Tented Lodge Meals: All included

Day 9: October 9

The trip concludes today with our final game drive and lunch at the camp. In the afternoon we will board a Coastal Aviation light aircraft flight from Serengeti Seronera airstrip to the Kilimanjaro International Airport (via Arusha) for our international departures. The Serengeti flight departs at 4:45 and arrives at JRO at 6:30 pm (included in the price of your program).

Meals: Breakfast & Lunch

Note: Soft-sided luggage only, 15kg (33lb) per person.